



SALMON + CHICK PEA SALAD

INGREDIENTS:

- SALMON FILLET
- COS LETTUCE (CHOPPED)
- 1 TIN CHICK PEAS (DRAINED)
- 1 CAPSICUM (DICED)
- 1 CUCUMBER (DICED)
- 1 RED ONION (THINLY SLICED)
- KALAMATA OLIVES (SLICED)

DRESSING INGREDIENTS:

- 1 TBSP RICE WINE VINEGAR
- LEMON JUICE
- FRESH PARSLEY
- RED CHILLI FLAKES (YOUR CHOICE)
- SALT
- PEPPER

METHOD:

- 1. Place all dressing ingredients into a jar & shake well. Place to the side.
- 2. Combine all salad ingredients in a bowl & top with dressing.
- 3. Cook salmon as desired.